

# Sauerlandpokal 2018

Tageswertung: Alle Klassen

Veranstalter: MSC Oeventrop

Datum: 28.10.2018



Platz	Name, Vorname	Kl.	Verein	Lauf1 (StS)	Lauf2 (StS)	Lauf3 (StS)	Schnellste
1	Voß, Nico	5	MSC Lennetal-Bamenohl	00:37.59 (0)	00:37.81 (0)	00:37.04 (0)	00:37.04
2	Schneider, Leon Odin	4	AMC Burbach	00:39.57 (4)	00:39.32 (2)	00:38.51 (0)	00:38.51
3	Piontek, Linda	5	MSC Lennetal-Bamenohl	00:38.11 (4)	00:38.69 (2)	00:38.66 (0)	00:38.66
4	Sauer, Nils	5	MSC Oenetal	00:39.55 (0)	00:38.98 (0)	00:38.69 (0)	00:38.69
5	Adler, Tim	3	AMC Wittgenstein-Bad Berleburg	00:39.45 (4)	00:39.56 (0)	00:38.80 (0)	00:38.80
6	Fuchs, Katja	6	AMC Wittgenstein-Bad Berleburg	00:40.01 (0)	00:40.28 (0)	00:38.91 (0)	00:38.91
7	Ely, Tim	5	MSC Oeventrop	00:40.27 (2)	00:41.22 (0)	00:39.01 (0)	00:39.01
8	Schwarzkopf, Peter	4	Olper AC	00:38.61 (10)	00:40.00 (2)	00:39.04 (0)	00:39.04
9	Schmidt, Kevin	5	MSC Schmallenberg	00:39.22 (0)	00:39.58 (0)	00:38.53 (4)	00:39.22
10	Nöcker, Tobias	4	MSC Süd Sauerland	00:39.30 (0)	00:38.95 (2)	00:38.53 (4)	00:39.30
11	Rust, Sebastian	3	AMC Wittgenstein-Bad Berleburg	00:40.97 (0)	00:40.13 (2)	00:39.63 (0)	00:39.63
12	Kruse, Justin	5	MSF Cobbenrode	00:39.74 (2)	00:39.71 (0)		00:39.71
13	Kiko, Frederick	4	MSC Werl	00:41.29 (2)	00:40.77 (0)	00:39.82 (0)	00:39.82
14	Schneider, Tim	2	AMC Burbach	00:40.84 (2)	00:40.68 (2)	00:40.05 (0)	00:40.05
15	Hüttemeister, Noah	3	Briloner AC	00:40.18 (0)	00:40.92 (4)	00:39.36 (2)	00:40.18
16	Bräutigam, Brian	1	MSC Oeventrop	00:40.24 (0)	00:40.57 (2)	00:40.89 (0)	00:40.24
17	Dolle, Luis	2	AMC Burbach	00:40.37 (0)	00:40.91 (2)	00:40.71 (12)	00:40.37
18	Funk, Fabian	3	AMC Wittgenstein-Bad Berleburg	00:40.41 (0)	00:40.99 (0)		00:40.41
19	Ruschke, Jan	4	MSC Süd Sauerland	00:40.48 (0)	00:39.01 (4)	00:39.64 (2)	00:40.48
20	Lemos, Robin	5	MSC Oeventrop	00:39.00 (6)	00:39.21 (6)	00:40.49 (0)	00:40.49
21	Sauer, Lars	6	MSC Oenetal	00:40.65 (0)	00:40.70 (0)	00:39.85 (6)	00:40.65
22	Laudien, Kai	4	Briloner AC	00:41.32 (0)	00:40.66 (0)	00:40.19 (2)	00:40.66
23	Stahlhacke, Theo	4	Olper AC	00:38.90 (2)	00:38.78 (4)	00:38.82 (2)	00:40.82
24	Bernhagen, Noah	2	RC Haltern	00:38.95 (4)	00:40.14 (4)	00:40.90 (0)	00:40.90
25	Skrotzki, Anika	4	MSC Oeventrop	00:41.62 (4)	00:40.96 (0)	00:41.61 (2)	00:40.96
26	König, Colin	4	MSC Schmallenberg	00:41.17 (4)	00:41.06 (0)	00:41.91 (2)	00:41.06
27	Flocke, Fabian	4	MSC Werl	00:41.11 (0)	00:40.59 (2)	00:41.73 (8)	00:41.11
28	Fuchs, Tom	3	AMC Wittgenstein-Bad Berleburg	00:38.77 (4)	00:39.11 (2)	00:39.30 (2)	00:41.11
29	Frielinghaus, Felix	3	MSC Oeventrop	00:41.42 (0)	00:41.14 (0)	00:40.83 (4)	00:41.14
30	Menke, Phil	4	Briloner AC	00:39.65 (10)	00:39.28 (2)	00:38.78 (4)	00:41.28
31	Ohsenbrink, Max	3	MSC Werl	00:40.80 (2)	00:41.41 (0)	00:40.25 (4)	00:41.41
32	Löwen, Dennis	4	MSF Cobbenrode	00:41.65 (6)	00:42.04 (2)	00:41.42 (0)	00:41.42
33	Sahiti, Ermond	4	MSF Cobbenrode	00:41.93 (8)	00:42.81 (2)	00:39.52 (2)	00:41.52
34	Althaus, Tobias	4	MSF Cobbenrode	00:42.90 (0)	00:43.51 (0)	00:41.66 (0)	00:41.66
35	Kiko, Lisa-Marie	4	MSC Werl	00:42.23 (4)	00:42.52 (2)	00:41.75 (0)	00:41.75
36	Weißenhof, Robin	2	MSC Süd Sauerland	00:42.67 (2)	00:41.77 (0)	00:41.05 (6)	00:41.77
37	Hoffmann, Fabian	6	MSC Oeventrop	00:41.61 (4)	00:39.77 (2)	00:39.16 (4)	00:41.77
38	Niemand, Bastian	2	MSC Oeventrop	00:42.10 (0)	00:43.35 (2)	00:43.28 (0)	00:42.10
39	Stangier, Henry	2	MSC Werl	00:42.79 (0)	00:42.52 (0)	00:42.18 (0)	00:42.18
40	Gonther, Maximilian	1	MSC Süd Sauerland	00:42.21 (0)	00:43.21 (4)	00:40.73 (2)	00:42.21
41	Adler, Torben	4	AMC Wittgenstein-Bad Berleburg	00:40.22 (2)	00:40.33 (2)	00:39.02 (4)	00:42.22

Platz	Name, Vorname	Kl.	Verein	Lauf1 (StS)	Lauf2 (StS)	Lauf3 (StS)	Schnellste
42	Schenk, Jason	4	MSC Süd Sauerland	00:41.18 (8)	00:40.25 (2)	00:40.39 (2)	00:42.25
43	Böhm, Lara	4	AMC Burbach	00:41.42 (8)	00:41.14 (4)	00:40.54 (2)	00:42.54
44	Bräutigam, Vivien	3	MSC Oeventrop	00:41.94 (2)	00:42.69 (0)	00:42.52 (2)	00:42.69
45	Frielinghaus, Julian	3	MSC Oeventrop	00:41.40 (2)	00:42.73 (0)	00:41.78 (2)	00:42.73
46	Haase, Ramon	2	MSC Süd Sauerland	00:42.79 (0)	00:43.81 (16)	00:42.76 (0)	00:42.76
47	Sefedini, Lirim	2	MSC Oeventrop	00:40.92 (2)	00:40.54 (4)	00:40.15 (6)	00:42.92
48	Assmann, Lukas	1	MSC Süd Sauerland	00:44.06 (8)	00:44.11 (2)	00:41.01 (2)	00:43.01
49	Wojtech, Taylan	2	Briloner AC	00:49.89 (10)	00:44.10 (4)	00:43.09 (0)	00:43.09
50	Büenfeld, Svenja	5	MSF Cobbenrode	00:51.54 (4)	00:42.47 (2)	00:41.36 (2)	00:43.36
51	Funk, Daniel	4	AMC Wittgenstein-Bad Berleburg	00:39.65 (4)	00:39.43 (12)		00:43.65
52	Marsalski, Artur	2	MSC Schmalleberg	00:44.34 (8)	00:43.74 (0)	00:44.14 (6)	00:43.74
53	Böhm, Lukas	5	AMC Burbach	00:40.11 (4)	00:39.36 (6)	00:37.98 (8)	00:44.11
54	Mertens, Fabian	3	Briloner AC	00:40.71 (4)	00:41.67 (4)	00:42.29 (2)	00:44.29
55	Stoll, Robin	6	MSF Cobbenrode	00:39.47 (8)	00:40.67 (4)		00:44.67
56	Ohsenbrink, Lutz	1	MSC Werl	00:44.72 (2)	00:45.73 (0)	00:45.63 (0)	00:45.63
57	Bastert, Emil	2	MSC Schmalleberg	00:42.25 (4)	00:43.01 (4)	00:43.83 (4)	00:46.25
58	Plaga, Phil	2	MSC Oeventrop	00:44.32 (6)	00:44.49 (2)	00:44.27 (14)	00:46.49
59	Sahiti, Enis	4	MSF Cobbenrode	00:40.78 (10)	00:40.85 (12)	00:40.52 (6)	00:46.52
60	Kölsch, Finn	3	MSC Werl	00:46.65 (0)	00:47.69 (2)	00:47.98 (2)	00:46.65
61	Hauser, Julian	3	MSF Cobbenrode	00:44.99 (12)	00:44.65 (2)		00:46.65
62	Schwarzkopf, Michael	2	Olper AC	00:44.95 (4)	00:42.75 (4)	00:47.42 (4)	00:46.75
63	Schulte, Florian	3	MSF Cobbenrode	00:44.79 (6)	00:45.05 (4)	00:42.94 (4)	00:46.94
64	Hensel, Nicole	6	MSF Cobbenrode	00:43.92 (4)	00:41.97 (6)		00:47.92
65	Hahn, Fabio	1	Briloner AC	00:46.20 (4)	00:46.96 (2)	00:58.39 (4)	00:48.96
66	Funk, Sascha	1	AMC Wittgenstein-Bad Berleburg	00:45.37 (4)	00:45.91 (14)		00:49.37
67	Jonszies, Luis	1	MSC Oenetal	00:47.31 (4)	00:49.21 (8)	00:45.93 (4)	00:49.93
68	Reichert, Maxim	2	MSF Cobbenrode	00:47.94 (2)	00:46.18 (8)	00:46.46 (10)	00:49.94
69	Trisnow, Alexander	2	MSC Werl	00:50.45 (8)	00:47.43 (6)	00:46.11 (4)	00:50.11
70	Mavrikos, Janni	2	MSF Cobbenrode	00:47.42 (12)	00:48.45 (2)	00:45.64 (12)	00:50.45
71	Schmidt, Lara	1	MSC Schmalleberg	00:45.61 (6)	00:50.56 (8)	00:48.51 (12)	00:51.61
72	Kölsch, Jule	3	MSC Werl	01:02.84 (6)	00:53.01 (2)	00:49.66 (2)	00:51.66
73	Reichert, Roman	1	MSF Cobbenrode	00:56.72 (6)	00:55.94 (4)	00:49.55 (4)	00:53.55
74	Nolte, Marlon	1	MSC Oeventrop	00:52.72 (6)	00:53.69 (0)	00:53.52 (2)	00:53.69
75	Friesen, Mark	2	MSF Cobbenrode	00:48.80 (6)	00:56.13 (12)	00:55.75 (12)	00:54.80
76	Bernhagen, Espen	1	RC Haltern	00:45.89 (12)	00:47.07 (10)	00:56.38 (2)	00:57.07
77	Schneider, Maik	2	MSC Schmalleberg	00:47.15 (16)	00:59.87 (12)	00:52.96 (20)	01:03.15
78	Kvast, Alexander	2	MSF Cobbenrode	00:57.04 (18)	00:52.93 (20)	00:51.47 (28)	01:12.93
79	Sapp, Luc	1	MSC Oenetal	01:20.35 (4)	01:15.50 (8)	01:23.99 (6)	01:23.50
80	Friesen, Karina	1	MSF Cobbenrode	01:01.78 (28)	01:33.89 (40)	01:02.67 (34)	01:29.78